

What's on My Mind -- Patty Hartmannsgruber, Consumer Health Librarian for Kent County

Got books?

Finding medical information is sometimes quicker in person, with the right book, than searching the Internet. The next time you head for the Complete Guide to Prescription & Non Prescription Drugs to check on a pill, or The Gale Encyclopedia of Medicine to look up a medical condition, you will find them in a new location: in the tall shelves located directly behind the reference desk. Here you will have privacy and a bit more space than in the previous location (behind the public computers). Although I am available to Kent County residents by phone (736-7079), per e-mail (kent.health@lib.de.us) and in person (at the Dover Public Library) to help you find the health information you need, I also invite you, when you have a medical question, to explore our medical reference books. Some of the useful items you will find in the 610-619 call number area of Reference are:

- ❖ The AARP Guide to Pills (includes photos of each type of pill)
- ❖ Consumer's Guide to Psychiatric Drugs (brand new in '09)
- ❖ The Encyclopedia of Complementary & Alternative Medicine
- ❖ The Gale Encyclopedia of Nursing & Allied Health (not just for nurses)
- ❖ The Human Body Book (612 PARK). Wonderfully illustrated! Also available for checkout from the Oversize collection, found along the wall just past the Express PCs.
- ❖ Medical Tests Sourcebook
- ❖ Poisons & Antidotes Sourcebook
- ❖ Tyler's Honest Herbal: a Sensible Guide to the Use of Herbs & Related Remedies

When you *do* use the Internet to search for medical information, a good place to start is

www.dehealthsource.org Delaware medical librarians, including yours truly, created this website with you in mind. Check out all the categories, so you'll know where to go the next time you need basic medical information (click on [Diseases and Conditions](#)), drug information (click on [Medications & Drug Interactions](#)), or information on health services close to home (click on [Health in Delaware](#)). Feel free to contact me in all the ways mentioned above, if you would like tips on searching, or have health-related questions of any kind. Stay well!